



Use a Stainless Steel Straw.

- When eating soup, cereal with milk or other fluid food, don't try to spoon it up, and slop it all over your shirt or blouse, use a stainless steel straw and suck it up.
- You can buy this set of 12 straws, two brushes and a storage bag for \$6.98 at Amazon. [Click here](#) to view the set at Amazon.
- When you put the end of a straw under a running faucet directly after it is used, the running water will

By
Don Searles