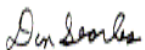


A Few Things I Learned In 80 Years.

By Don Searles

1. Life is a continuous education.
2. Too soon old, too late smart. Get the book, used at Amazon for less than \$6.00 including shipping.
3. Worrying does not take away tomorrow's troubles, it takes away today's joy.
4. To get what you want, you must give the other person, what they want.
5. When things go wrong ask yourself, does it matter, if so, how much does it matter? How much will it matter in 5 years?
6. Hold your anger until you get up the next morning and, in most cases, it will be gone.
7. The only person that you can change is yourself. So, stop trying to change your spouse, your kids, your boss, your friends, or someone with beliefs different than yours. It only leads to arguments and unhappiness.
8. To be happy. Be thankful for what you have and think less about what you lack.
9. People use too much energy trying to get money, wealth, power, and prestige: and little or no energy learning how to practice good human relations. To learn how to practice good human relations read the book, How To Win Friends And Influence People by Dale Carnegie. Over 30 million copies, in 31 languages, have been sold. Buy it used at Amazon.com.
10. When people practice good human relations, everyone is happy. When human relations are bad no one is happy, and life is miserable.
11. **The most important thing in life is to learn how to be happy.** Most people use little or no energy learning how to be happy. As far as I know, there are not any classes on how to be happy, in grade school, high school or college. It is up to each person to learn how to be happy. Here is how to start. Do an internet search for, how to be Happy, read everything. Read these books.
What Happy People Know by Dan Basker. Happiness is a Choice, by Barry Neil Kaufman.
You can buy them at Amazon, used for less than \$6.00 including shipping.
12. The willingness to learn, to be teachable is found in successful and happy people. They ask questions, read books, search the internet and learn from their own and others mistakes.

*My hope is that you will learn how to be happy. **I have! The choice is yours.***



Don Searles